



SERVICE & PRICING

GUIDE

FREE YOUR LIFE

www.freeyourlife.ca



TIPS FOR

WHO IS THIS FOR?

- 1 Individuals who are inspired and committed to moving forward into a life filled with success, love, happiness, health, and wealth.
- 2 Individuals who are open to the idea that their subconscious mind holds beliefs and ideas from the past, that are completely out of their awareness and likely are affecting them today.
- 3 Individuals who are able to feel their emotions, at least to some degree, even if it's small.
- 4 Individuals who feel stuck, in one or a few areas of life, and are committed to changing for the better, but are NOT SUFFERING FROM ANY KNOWN OR SUSPECTED MENTAL ILLNESS. Kelly is not a medical professional.

CREDENTIALS

KELLY ELLIOTT

EFT INTERNATIONAL

ACCREDITED and CERTIFIED
ADVANCED EFT PRACTITIONER

FREE YOUR LIFE

MASTER PRACTITIONER AND
TRAINER

GLOBAL SCIENCES FOUNDATION (JOE VITALE)

MASTER LAW OF ATTRACTION
PRACTITIONER

PSTEC

PSTEC PRACTITIONER

UNIVERSITY OF TORONTO

B.SC. BIOCHEMISTRY, B. ED



Accredited Advanced
Practitioner

EFT 

International



KELLY'S STORY

I started on this life journey as an extremely shy, emotional, and sensitive child. I went into my teens with little self-esteem or confidence, and ended up married to an angry drinker and drug user.

It wasn't a pretty situation, but with a new found love of meditation I managed to find my way out. I thought things would be easy from there, but I didn't realize I still needed to heal all the stuff that got me there in the first place. Although my confidence grew, I didn't make the huge changes I needed to until I found EFT, and later the Free Your Life Method.

I became a completely different person, experiencing life to the fullest, travelling the world, teaching, and living my dream of becoming a dancer. It all came crashing down when I developed a serious chronic illness that completely stopped me from living like a normal human.

Astoundingly, my methods solved that too, and I ended up leaving my career as a chemistry teacher to do this full time. It's clear to me that this is my purpose, to help others resolve their obstacles and trauma, and live the lives they deserve. I would be so honoured to work with you through your personal journey of healing and miraculous transformation!

Kelly Elliott

FREE YOUR LIFE BENEFITS

FEEL HAPPIER AND MORE PEACEFUL

Stress, panic, traumatic memories, anxious feelings, depressing thoughts, and anger can become a part of the past.



IMPROVE HEALTH AND WELL-BEING

Alleviate symptoms of chronic pain and illness. Lose weight by ridding of self-sabotage. Ease the grieving process after a loss. Increase your self-esteem, confidence, and motivation

EXPERIENCE MORE LOVE

Finally meet that special someone. Heal old wounds and hurts from the past. Feel better around difficult family and coworkers.





INCREASE WEALTH AND CAREER SUCCESS

Experience greater job satisfaction. Uncover your blocks to making and keeping money. Transition to your dream career with ease.

OVERCOME FEARS AND BAD HABITS

Speak in Public.
Keep Your Resolutions.
End Procrastination.



MANIFEST YOUR DREAM LIFE

Discover your passion and purpose. Gain the confidence to go for your dreams and live the life you've always desired.



WHY WORKING WITH KELLY IS THE RIGHT CHOICE

1

EXTENSIVE TRAINING AND EXPERIENCE:

Kelly is a certified professional with over 10 years of experience, who has successfully worked with hundreds of clients and issues. Her mastery of the subconscious allows her to quickly get to the root of any problem.

REVOLUTIONARY & PROVEN TECHNIQUES:

Kelly uses clinically proven techniques to rapidly transform any area of your life, by inciting real, measurable, physiological changes in the body and the brain.

2

3

CONFIDENTIAL AND PROFESSIONAL:

Kelly is a professionally trained EFT practitioner and a member of EFTi, an internationally recognized association. She adheres to the EFTi Standards of Practice and Code of Conduct.

NON-JUDGEMENTAL:

Kelly provides a safe, non judgemental environment, for letting go and healing of old patterns, uncomfortable memories, and subconscious beliefs.

4

5

SHE GETS RESULTS FAST:

Kelly's techniques give her the ability to quickly pinpoint which limiting beliefs are driving the emotions, thoughts, and behaviours that hold someone back from true happiness and success. You get the help you need, while saving both time and money.

FREE YOUR LIFE

HOW TO GET STARTED

1 BOOK YOUR FREE 15 MINUTE CONSULTATION

Use the online booking schedule to find a convenient time for your free, no obligation consultation. The purpose is to answer your questions and find out if we are the right fit.

2 SIGN UP FOR YOUR FIRST SESSION

Once you've asked your questions, and Kelly has determined if your situation is the right fit for her services, you can immediately book your first session over the phone.

3 DOWNLOAD YOUR WELCOME PACKAGE

Your welcome package contains tons of important information, videos, and resources. You will also need to complete the compulsory intake form and payment.

4 EXPERIENCE THE FREE YOUR LIFE METHOD

Once you've had your first experience working with Kelly she will be able to give you a better idea of the best package suited for you.





1ST SESSION OVERVIEW

FIRST 20 MINUTES

Before we get started I'll be reviewing your intake form, and asking you a few key questions based on your specific situation. A detailed history won't be necessary.

NEXT 10 MINUTES

During this time I'll explain the process, how it works, and what to expect. Even if you've done some tapping before, chances are you haven't done it this way, and you'll find it enlightening.

NEXT 55 MINUTES

We will start with rounds of tapping based on your initial feelings. As emotions are processing, I will stop every couple of rounds to check in, get more information, and uncover limiting beliefs.

FINAL 5 MINUTES

I will review the session and give you homework if necessary. I will also estimate the further number of one hour sessions required, based on the session outcome. You will then be able to decide whether to proceed with a package of sessions.

PACKAGES

All new clients must attend the initial 90 minute session (**\$190**) which includes the half hour intake. Package decisions will occur at the end of the first session; along with payment of the remaining balance should you decide to continue.



10 SESSION PACKAGE

Purchase 10 sessions in a package and save. Includes the initial 90 minute session and nine 60 minute sessions. Also includes access to resources and tapping exercise videos. (The initial half hour intake fee of \$65 is waived and an additional \$75 for a total savings of \$140.)

\$1225



5 SESSION PACKAGE

Purchase 5 sessions in a package and save. Includes the initial session of 90 minutes and four 60 minute sessions. Also includes access to resources and tapping exercise videos. (The initial half hour intake fee of \$65 is waived and an additional \$25 for a total savings of \$90.)

\$625



3 SESSION PACKAGE

Purchase 3 sessions in a package and save. Includes the initial session of 90 minutes and two 60 minute sessions. Also includes access to resources and tapping exercise videos. (The initial half hour intake session is discounted \$45.)

\$410

TIARRA TOMPKINS

“

**STOP SITTING
ON THE
FENCE...
LIFE IS
WAITING ON
THE OTHER
SIDE**

”

CLIENT

BONNIE BRADLEY

Kelly is amazing at helping you uncover what the "real" thing is that is holding you back from or keeping you in fear of living your best life, and overcoming issues. I LOVE how easy and quick the whole process was, instead of spending months in therapy.



DR. SHAR RAI

Kelly's ability to uncover past traumas and negative experiences, and then clear them is beyond words. I learned so much about myself and the blocks I have been carrying around. These blocks that Kelly helped me to remove had prevented me from enjoying my life to its maximum potential!



FELIPE PALLEROS

I had struggled with panic and anxiety for years. I went for one session with Kelly a few years ago, and I knew things had changed. I felt this peace and happiness I had never experienced. Kelly truly has a gift that she needs to share with the world.



FREQUENTLY ASKED QUESTIONS

HOW OFTEN ARE SESSIONS?

Sessions can be once or twice a week, depending on how you feel and how you respond to the techniques.

HOW IS THIS DIFFERENT FROM TALK THERAPY?

With talk therapy, you learn about yourself and are given tools to deal with your problems. Free Your Life works with the body and the nervous system. It removes the root of the problem so it doesn't exist anymore. You will begin to feel and think differently.

WHAT PACKAGE SHOULD I SIGN UP FOR?

It will depend on the nature of the problem and how well your nervous system responds to the techniques. You can rest assured that Kelly won't take you on if she doesn't think she can help.

DOES DOING THIS OVER SKYPE MAKE A DIFFERENCE?

No, you do not need to be physically present for this to work. There is no difference. You only need a private space without distractions. Kelly has successfully worked with clients from all over the world.

HOW QUICKLY WILL I SEE RESULTS?

Most people experience a significant change immediately, while others have a reduction in the intensity of an issue right away. Chronic health issues are not usually a quick fix, but relief is possible.

IS THIS COVERED BY INSURANCE?

No, unfortunately so far, insurance does not cover this type of treatment. The great thing is it usually takes much less time to make progress, so you end up saving a lot of money.



READY TO GET STARTED?

BOOK YOUR
FREE
CONSULTATION
TODAY!

[SIGN UP HERE!](#)

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Kelly Elliott

Free Your Life

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